# **Avera Sports Medicine Educational Updates 2022**

Avera Sports Medicine Educational Updates - ACL and LET presented by Dr. Matthew Blake - 11/23/2022 12:00-1:00 PM

Live Activity

11/23/2022 12:00 PM to 11/23/2022 1:00 PM – Virtual (WebEx or Zoom)

### **Purpose**

This series is designed to provide evidence based monthly educational opportunities to sports medicine health care professionals.

## **Physician Objectives**

- 1 Identify evidence based information utilized to provide better care for the patients.
- 2 Review clinical anatomy of the knee
- 3 Describe who may benefit from this procedure
- 4 Review clinical outcomes for patients undergoing this procedure.

#### Outcome

60% of attendees will self-report an increased knowledge of the most updated research and practice methods by the end of the series.

# **Target Audience**

**Professions** – Physician, Nurse - RN, Athletic Trainer, Nurse - Nurse Practitioner, Physician Assistant, Physical Therapist, Chiropractor, Nurse -LPN/LVN **Specialties** – Orthopaedics, Rehabilitation, Sports Medicine

### **Completion Requirements**

Attend education Complete evaluation

# **Accreditation & Credit Designation**

#### **Physicians**

Avera is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Avera designates this educational activity for a maximum of **1.00** *AMA PRA Category 1 Credits*(s)<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Nurses (NCPD)

Avera is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. A total of **1.00** contact hours can be received upon

completion of this education activity. Attendance at the entire educational activity is required to receive contact hours.

### **Athletic Training**

Avera (BOC AP#2910) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of **1.0** Category A Hours/CEUs. ATs should claim only those hours actually spent in the educational program.

### **Disclosure Policy**

Due to the regulations required for CE credits all conflict of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

Name of individual	Individual's role in activity	Name of Ineligible Company(s) / Nature of Relationship(s)
Jonathan Buchanan, MD	Content Expert - Committee Member	Nothing to disclose - 10/27/2022
Matthew Blake, MD	Faculty	Nothing to disclose - 11/02/2022
Dustin Gebur, MSEd, ATC	Lead Planner	Nothing to disclose - 04/25/2022
HANNAH BUUS, RN	Nurse Planner	Nothing to disclose - 10/26/2022





